

Feeling comfortable after attending this class  
It gives my mental strength back. Thank you for  
this session to rebuilt my hyper active levels  
- M. Sumanath

9686353266

When I am in depression I don't know what I'm  
going through I am feeling really blessed  
to have Psychologist in our college. I felt  
really comfortable with Sir. I am out of the  
depression now. Thank you so much Sir.

I hope the Best for you Sir. May God  
bless you with everything in your life Sir.  
May God fulfill his Purpose in you life

- M. Buelah Brangiline

9390814899

We all are blessed to have a wonderful psychologist  
in our college, learnt me so many beautiful  
things. Sir makes me happy everytime, I feel very  
comfortable to talk with sir. Feeling so comfortable  
and joyful when I share my thoughts & feelings  
with my sir. Positive people produces positive  
thoughts & Vibes which makes happy. Smile makes  
to change yourself and people around you. I  
learnt gratitude from the Sir, so thank you  
so much for this wonderful experience Sir. May  
God bless you with love.

- M. Vishnu

9866334877

## Students' Feedback on Guidance Received for Stress-related issues

Hello Sir

I'm Ajay Kumar. When I'm feel depression & when I'm feel stress I came to counselling room I meeten Sir & I told my problem he had give me a wonderful motivation and best ideas about the problem then I realized that motivation Sir has told me my problem solution which is right way and wrong way Sir will has teach me go this way not go this way

I'm very happy to meet Krishna Rao Sir

Thank you so much for every thing

- M. Ajay Kumar  
9347021644

Good evening sir

I'm K. Swarya, EEE 3<sup>rd</sup> year. I'm very happy now & I shared my problems with you. And also you gave solution for it. I'm telling you honestly it push me in trouble and pull me back to my happiness. I'm very glad to meet you. I think it's my golden opportunity. I just utilize it. Thank you so much for your golden and precious words.

K. Swarya  
Mobile No: 7013181307  
Roll No: 19HP1A0203

The positiveness is Enlightened after talking to counsellor. Being practical, realistic and objective, these are qualities I have adapted after different sessions. Thank you from bottom of my heart in order to treat others with positive mindset. Arguments during counselling, discussing with you some times had made a +ve thinker. Thank for being professional and adaptive. Hope your work will help to find solutions for other problems.

With lots of respect,  
Poorna Krishna Chandra G.  
9603181716

This is N. Geetha Charan of III Mechanical. Before many days I was not stable which resulted to depression. I went to Mr. Krishna Rao Sir for counselling. Sir is so good and patient. He has listened very patiently about what I was saying and suggested me to do some good activities and enlightened my mind. He raised my self confidence and helped me in working hard to get good results. The counselling he has given me for more than a month which helped me to get rid of my depression and also find out the solutions for my problems. I thank our director for father for having such a good and amazing person as our counsellor.

N. Geetha Charan  
19HP1A0312  
Mobile No: 8466978926.



Hello Sir,

I am Jaya Surya I am feel  
how to study exams and how to  
concentrated on studies and gain interest our  
studies. thank you sir. My concentration is  
increased because of your tips. thank you  
sir.

C. Jaya Surya  
20HPCA0312

Hello Sir.

I am B. Mahesh babu, I am feel  
depression when I am feel stress. I come to  
counseling room. I am meet sir. & I told my  
problems he had gives me a wonderful motivation  
and can best ideas about this problems.

I realised in that motivation. sir has told me  
my problems solutions which is right way and  
wrong way sir. I will has teach me get this  
way not go this way. thank you sir.

B. Mahesh babu  
20HPD5A0316

Hello Sir

I am N. Anand. I shared my problem with  
sir. I told my problem to sir which I have been  
facing. I feel better now with the tips of  
sir.

N. Anand  
19HP1A0494

Hello sir

I am Shankar Kumar. I am shared my problem with  
sir. I told my problem to sir which I have been facing.  
Now I feel better now with the motivation of sir and my  
concentration is increased because of your tips.

Shankar Kumar  
19HP1A0438

Hello sir,

I am Archandria Sethare Reddy. I have a  
mental problem about anger. But when I shared my  
problem to you. you will guide me a correct way. so please  
sir, I feel very happy now. Thank you sir.

Archandria Sethare

I was a in a type of illusion and  
dilemma like does this happen to every one  
at this age. So I was confirmed that happen  
to everyone. that your words gave me  
clarity from a little blind vision. your soft  
talking and understanding was so deep.  
finally I was satisfied.

M. Bharan  
9177442828 19HP1A0497



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Hello Sir,  
I am Dharamisai from IT section. I am tired sleeping in the class how to get relieve from the stress I got many tips from the sir thank you so much for giving. The best tips I got from the sir

Thanking you

M. Dharamisai  
9032249595

6

Hello Sir,  
I'm Tashan Bano from EEE Section. I shared all my problems. & Sir gave me the best advices & identified the problems. ♡

Thanking you Sir

Tashan Bano  
8121499669.

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Hello Sir,  
I'm M. Prabhu Kalyan from IT section. Branch sir can tell the good words to me and sir can inspired me. this counselling is useful to me.

M. Prabhu Kalyan  
18HPIADL4

I'm Ch. Nagarjuna from final year IT. He is good at Teaching. His words change the negative minds to positive. The positive change will come true from him.

Ch. Nagarjuna

~~9955156715~~  
9955156715

7

Good Morning Sir,

I am P. Ch. Saideepak from IT section. I like your Motivation and it really impresses me alot.  
-thank you

Yours faithfully

P. Ch. Saideepak  
8341099747.

Respected sir,

I am ch. Kook Kumar from IT 10th year. your motivation class was good but you have to increase your skills more.

Thanking you

your obediently

ch. Kook Kumar  
8912323633

Thanking you sir,

I am sai Redith ECE-1 10th year the motivation given by sir was good and was helpful to me

Yours faithfully  
sai Redith .M  
Lokesh.M  
8186005172



Respected sir

my name is CH. Abhinav the  
counselling was helpful for me

Yours Faithfully  
CH. Abhinav  
94929 55699

Sir

You have inspired me very well. And you have understood me & my inner voice & controlled me

Yours faithfully  
A. Rothu  
9846423105

Sir,

The words said by you are so valuable.  
Thank you for giving the counselling for me and my friend ch. Samuel.

Yours faithfully  
St. Basha  
9318 931883

Sir,

The counselling was great. I was filled with confidence and work on myself for my better progress in my life.

Yours faithfully  
Ch. Samuel Reddy  
798959984

Sir,

You are honest person. You are able to give solutions to problems related to human relationships. I am satisfied with your counselling. Thank you sir.

P. Sugandh Kumar (T)  
Ph. no - 9440647318.

Sir,

I am very lucky to have as a counsellor in our college. You are able to bring me out of moral crisis.

There are so many situations where I feel having depressed mental stress for so many days.

Talking to you, for few days helped me to cope with these situations.

Sir Thank you for all your suggestions towards my problems sir  
Thank you sir

B. V. Sathish Babu  
812174274

Sir,

The words are very good sir. The life changing your words. The life is good work. And where I feel the few words the moment relief the pain and sadness my strength is begun. The in your speech sir and I have a good person of the society sir.

Thank you sir

VALENKATESH  
8790227757

Respected sir,

My name is N. Manoj studying mechanical 3<sup>rd</sup> year student sir is very good person solve to the ~~problem~~ my problem. The problem is solved and Thank you sir giving the counselling for me and Thank you so much sir.

Respected Sir,

My name is G. Amal.

Working in our college as a nurse. your suggestion helped to ~~see~~ my children. They are very happy. Thanking sir your and wonderful suggestions.

Yours faithfully,  
G. Amal (Nurse)  
8500735112.

Respected Sir

My Name is B. Anilkumar working in our college as a technician. your suggestion and counselling is helpful to my life. Thanking you sir

Yours faithfully  
B. Anilkumar  
9502938663 (Nurse)

Respected Sir,

My name is M. Gautham studying EEE 3<sup>rd</sup> year & I have some personal I went to sir, sir gave useful advices I guess that will help me to get back Normal.

Yours faithfully,  
M. Gautham  
9182048986

Respected Sir,

My name is K. Sai studying EEE 3<sup>rd</sup> year. Before coming to sir I am having some personal problems and not concentrating on studies. And now I got some clarity about life and concentrating on studies.

Thank you,

Yours faithfully,  
K. Sai  
194P1A0232.

Respected Sir,

My name is M. Kalpana studying EEE 3<sup>rd</sup> year. After coming to sir, I got some clarity on my problem & sir helped me to overcome my problems in multiple ways. I would like to follow those ways to overcome my problems & also help my friends with some problems.

Thanking you

Yours faithfully  
M. Kalpana  
8801846662.



Respected Sir,

My name is P. Manoj Venkat, Pursuing 3<sup>rd</sup> EEE in ALIET. Sir gives some solutions my problem in last few months but About Game addiction, By Sir's idea I will better now. I changed little bit by Sir's counselling.

Your's obediently  
Manoj

Respected sir,

I am calceen, studying 3<sup>rd</sup> year EEE in ALIET. I have a some personal problem Sir gives me some tips to reduce that problem clearly. I will try to reduce that problem by a Sir's counselling.

Your's obediently  
Calceen  
7569332517

Respected sir

My name is P. George Babu studying 3<sup>rd</sup> year EEE in this college. Sir your advice is very clear and it will help to solve my problems And I will implement your ideas on my problems

Your's faithfully  
P. George Babu

Respected Sir,

My name is S. Munivas bagha of 2<sup>nd</sup> B.Tech from EEE branch. Sir's helped me to come out of my mental depression and give some helpful advice which help my future also.

Your's obediently  
S. Munivas bagha

Respected sir,

My name is B. Manoj of 3<sup>rd</sup> B.Tech EEE branch. As I came here for counselling because I was suffered with mental problems I came here for a solution. Here sir gave me some solutions to overcome my problem.

Your's obediently  
B. Manoj

Respected Sir,

My name is H. Saketh of 2<sup>nd</sup> B.Tech ECE Branch. I came here to seek counselling because I was afraid about exams and I couldn't concentrate on studies. After coming here I realized being afraid will not change the outcome, so, I stop being afraid about them and I started learning even if it was a little amount.

Your's faithfully  
H. Saketh



Respected sir

I am G. Raj Kumar 18HP1A0334 III B In this  
I ~~had~~ feel about session mind clear and i feel  
positive and my choice about life also and opinion  
what I do next in my life. it i feel very strong  
about ~~the~~ choices. it feel gratitude about this session  
Thank you sir

your's faithfully  
G. Raj Kumar

Respected sir

I am N. Trinadh 1258 in It branch. I feel  
more motivated about the counselling and i feel more  
thinking and gain knowledge from you sir. i will do in  
my present life. it feels much attractive to me.

Thanking you sir

your's faithfully  
N. Trinadh.  
1258

Respected Sir,

This is Srilam Tadepalli, Ex-Faculty IT department.  
The Support you have given in my ALIET journey is remarkable  
and thank you for showing brotherhood and motivating  
me regularly. I hope and wish students and faculty will  
be benefitted by your Services.

Thank You Sir.

Srilam

Respected sir.

I am Ch. Lakshmi Aravai from E.C.C.I. Roll No.: 20HP1A0413.  
I am selfly disappointed <sup>past</sup> but <sup>now</sup> I feel more motivated about the  
counselling sir. now I feel very strong and courageous. I got positive  
thinking skills about from the counselling sir. I hope you sir  
I got lot of information from you. I said very thankful to you  
Thanking you sir.

your's obediently  
Ch. Lakshmi Aravai.  
20 HP1A0413.

Respected Sir.

Myself Vasanth Prakash from 3<sup>rd</sup> year  
EEE was very happy to meet the sir. Before  
I met him I was so depressed and not able to  
Eat and sleep. The pain inside me was  
not disappeared by myself but I was  
telling that by one by one and I felt good  
because when I'm telling itself sir was  
totally changed my thinking attitude  
and motivated itself I'm now free to  
do anything. In the other way I  
Got a new best friend

Thanking you

your's faithfully  
S. Vasanth Prakash  
Roll No.: 19HP1A0241  
Mobile No.: 6300446638



Respected Dr. sir,

I am sathvik 21HP1A0309 first year mechanical engineering student. After meeting counselling sir (Dr. Krishna Sir). I learned how to give self respect to me and others. I understand that in sir's motivational counselling is "Give respect and take respect" and balance the time between studies & other programs. finally sir's counselling is Awsome

Thanking you sir,

K. sathvik  
21HP1A0309  
CROXAD MECH  
7207070711

Respected Dr. sir,

I am saagar 21HP1A0308 First year Mechanical engineering student. After meeting counselling sir (Dr. Krishna Sir). I learned how to behaviour and give self respect to me and teachers, sir's and others I understand. motivational

Thanking you sir,

B. saagar  
21HP1A0308  
MECH.  
9949620605.

Respected sir,

This is Anand 21HP1A0301 first year of mechanical engineering. I am very happy to say about the sir and what sir was saying during the things what was happen with our self during now-a-days and what the problem to suffer mainly the students. It was very helpful and useful to me and after counselling is very good and I can express the thing to myself.

P Anand  
8008527034

Respected sir,

I am A. Sai Sri Mahith. with Regd no. 18HP1A0340 of 3<sup>rd</sup> year Mechanical. I felt very pleasant about the 1hr session. sir had told about something about life & his experiences & in his life to motivate us. etc. Thank you sir for sharing some valuable information

Thanking you.

A. Sai Sri Mahith  
18HP1A0340  
mechanical  
9441622959.